



# AB's Honey Acai Bowl with Bee Pollen

*Bee pollen is sought after by health-conscious individuals to enhance energy and well-being. Try this deliciously, healthy Acai Bowl recipe with bee pollen, fresh fruit, and honey for breakfast or brunch.*

PREP TIME: 15 MIN

COOK TIME: N/A

## INGREDIENTS

- 900 g plain yogurt
- 400 g Acai Energy Pack
- 1 frozen banana
- ½ cup of your favourite AB's Honey
- 1 cup blueberries
- 1 cup toasted coconut
- ½ cup toasted almonds
- ¼ cup AB's 100% Australian Bee Pollen
- ¼ cup flax seeds

## DIRECTIONS

1. Mix the yoghurt, frozen banana, and acai energy pack together in a blender until well combined.
2. Pour into a small bowl ready for serving
3. Decorate with the fruit. Top with the toasted coconut and almonds, flax seeds, and bee pollen.
4. Drizzle your favourite AB's Honey on top.

*Scan to buy  
AB's Bee Pollen!*



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