

Apple Cider Vinegar with Manuka Honey Detox Drink

AB's Apple Cider Vinegar with Honey Detox Drink



This Detox Drink contains high-strength Manuka Honey and ACV 'mother'. Drink it on an empty stomach as an aid to digestion and to clean and detoxify the body.

PREP TIME: 2 MIN

COOK TIME: N/A

INGREDIENTS

- 1 tbsp AB's Apple Cider Vinegar With Honey
- 1 tbsp lemon juice
- 1 glass water
- ¼ tsp cinnamon



DIRECTIONS

1. Add the Apple Cider Vinegar With Honey and lemon juice to a glass.
2. Fill with cold water.
3. Add cinnamon and stir all the ingredients well.
4. If you prefer it sweeter, add extra AB's Honey of your choice to taste.



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